

How to use an Ellipta dry-powder inhaler



1/Opening

Slide the cover down until you hear a click.



Film



2/Exhaling

Breathe out gently (keep away from the mouthpiece).



3/Inhaling

Place the mouthpiece between your lips, and seal it with your lips firmly. Take one long, steady, deep breath in.
Do not block the vent which is facing up.



4/Holding the breath

Remove the inhaler from your mouth.
Hold your breath for at least 5-10 seconds.



5/Closing

Breathe out slowly and gently. Close the inhaler.
Those who use Relvar, Trelegy: please rinse your mouth after use and spit out the water.